INSIDER FUTURES

Data thru: Mon, March 23, 2020

Insider Capital Group

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		HYPOTHETICAL POSITION TABLE Confirm Delivery & Close																							
B		Trend		CURRENT OPEN POSITIO					NEXT (Reversal) TRADE				Delivery	03/23/20	Hypothetical										
PA	Futures Contract	Weekly	RTS	L/S	Entry	Price	Stop	Risk	L/S	Entry	*Stop	Initial Risk	Mo / Year	Close	Profit/-Loss										
2	S&P E-Mini	Down	-31	Short	Feb 24, 20	3222.50	2460.75	\$12,013	Long	2499.25	2173.75	\$16,275	06/20	2220.50	\$50,100										
	NASDAQ E-mini	Down	-27	Short	Mar 17, 20	7036.25	7569.50	\$11,700	Long	7629.50	6628.50	\$20,020	06/20	6984.50	\$1,035										
	RUSSELL E-Mini	Down	-41	Short	Feb 24, 20	1628.90	1213.10	\$10,740	Long	1213.10	958.80	\$12,715	06/20	998.30	\$31,530										
3	Dow E-mini	Down	-34	Short	Feb 24, 20	28312	20899	\$12,010	Long	20899	18084	\$14,075	06/20	18497	\$49,075										
NEW 4	30-YR T-BONDS	Up	11	Long	Mar 23, 20	180.000	171.220	\$7,969	Short	171.220	181.090	\$9,593	06/20	179.210	-\$344										
	10-YR T-NOTES	Up	5	Long	Jan 24, 20	130.110	129.440	\$8,516	Short	129.440	138.140	\$8,531	06/20	138.130	\$8,031										
	GOLD	Down	-3	Short	Mar 11, 20	1635.9	1596.5	\$2,380	Long	1596.5	1460.8	\$13,570	06/20	1572.7	\$6,320										
	SILVER	Down	-27	Short	Feb 27, 20	1771.5	1395.6	\$3,475	Long	1395.6	1200.3	\$9,765	05/20	1326.1	\$22,270										
	COPPER	Down	-10	Short	Jan 23, 20	276.10	255.25	\$11,300	Long	255.25	209.25	\$11,500	05/20	210.05	\$16,513										
NEW	COFFEE	Flat	12	Long	Mar 23, 20	121.45	102.55	\$7,013	Short	102.55	124.95	\$8,400	05/20	121.25	-\$75										
	COCOA	Down	-23	Short	Feb 28, 20	2694	2695	\$4,380	Long	2695	2197	\$4,980	05/20	2257	\$4,370										
	SUGAR #11	Down	-29	Short	Feb 27, 20	14.09	14.26	\$3,606	Long	14.26	10.81	\$3,863	05/20	11.04	\$3,416										
6	ORANGE JUICE	Up	0	Long	Mar 20, 20	101.80	95.90	\$2,153	Short	95.90	111.10	\$2,280	05/20	110.25	\$1,268										
	COTTON	Down	-19	Short	Jan 31, 20	68.34	65.12	\$6,485	Long	65.12	50.66	\$7,230	05/20	52.15	\$8,095										
7	RICE	Down	-4	Long	Mar 16, 20	13.630	13.075	\$320	Short	13.075	14.020	\$1,890	05/20	13.235	-\$790										
	CORN	Down	-10	Short	Nov 6, 19	390	389	\$2,300	Long	389	337	\$2,600	05/20	343	\$2,350										
	OATS	Down	-15	Short	Feb 26, 20	287	290	\$1,100	Long	290	259	\$1,550	03/20	268	\$950										
NEW	WHEAT	Down	-7	Long	Mar 23, 20	553	532	\$1,500	Short	532	564	\$1,600	05/20	562	\$450										
8	SOYBEANS	Down	-4	Short	Jan 23, 20	922	898	\$700	Long	898	844	\$2,700	05/20	884	\$1,900										
	SOYBEAN OIL	Down	-17	Short	Jan 23, 20	32.82	29.92	\$2,268	Long	29.92	25.24	\$2,808	05/20	26.14	\$4,008										
	SOYBEAN MEAL	Up	6	Long	Feb 27, 20	303.20	295.80	\$3,780	Short	295.80	326.70	\$3,090	05/20	333.60	\$3,040										
9	LIVE CATTLE	Down	-22	Short	Jan 23, 20	119.79	107.76	\$6,096	Long	107.76	88.11	\$7,860	06/20	92.52	\$10,908										
	LEAN HOGS	Down	-8	Short	Jan 3, 20	91.76	79.98	\$3,612	Long	79.98	67.66	\$4,928	06/20	70.95	\$8,324										
	NATURAL GAS	Down	-5	Short	Mar 12, 20	1.836	2.029	\$3,560	Long	2.029	1.645	\$3,840	05/20	1.673	\$1,630										
10	CRUDE OIL	Down	-51	Short	Jan 9, 20	59.23	31.98	\$8,620	Long	31.98	20.79	\$11,190	05/20	23.36	\$35,870										
	HEATING OIL #2	Down	-37	Short	Jan 9, 20	1.9563	1.2186	\$8,156	Long	1.2186	0.9633	\$10,722	05/20	1.0244	\$39,140										
	RBOB GASOLINE	Down	-60	Short	Jan 8, 20	1.8160	0.7827	\$12,096	Long	0.7827	0.4600	\$13,553	05/20	0.4947	\$55,495										
		Average Open Trade Length: 39 Days								*Subject to change Hypo				othetical Open Profits: \$364,878											
														Average Open Trade Length: 39 Days *Subject to change Hypothetical Open Profits: \$36											

All information has been obtained from sources believed to be reliable, but accuracy and completeness are not guaranteed. Statements and recommendations are subject to the limitations inherent in market analysis and may be changed without notice. No claim is made that future recommendations will be as profitable as past performance or that they will not result in losses.

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THERE IS RISK OF LOSS IN FUTURES TRADING

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S&P E-Mini: Prices turned down with a large range, initiating a new red bar. The day's move filled boxes from a high of 2498.75 to 2174.00 and closed at 2220.50, down 68.00. The weekly trend is still down, with a weak Relative Trend Strength at -31. The S&P position remains SHORT, with a stop at 2460.75 on Tuesday and a reverse entry at 2499.25. (This stop creates a per contract risk of \$12013.)



NASDAQ E-mini: The market turned down with a high range, producing a new red bar. (Reversal has priority over the higher close.) The day's boxes ranged from 7628.50 to a low of 6629.00, with a close of 6984.50, up 15.50. The weekly trend stays unchanged and down, with a low trend rating at -27. The NASDAQ position remains SHORT, with a stop at 7569.50 on Tuesday and a reverse entry at 7629.50. (This stop creates a per contract risk of \$11700.)



RUSSELL E-Mini: Prices placed a 3-box reversal down, triggering a new red bar. The day's boxes ranged from 1093.50 to a low of 958.90, with a close of 998.30, down 17.60. The weekly trend is still down, with a low Relative Trend Strength of -41. The Russell position remains SHORT, with a stop and reverse at 1213.10 on Tuesday. (This stop creates a per contract risk of \$10740.)



Dow E-mini: Prices placed a 3-box reversal down, triggering a new red bar. The daily range filled p&f boxes from 20880 to 18086 at the low, closing at 18497, down 543. The weekly trend is an unchanged down, with a low current trend rating at -34. The Dow position remains SHORT, with a stop and reverse at 20899 on Tuesday. (This stop creates a per contract risk of \$12010.)



30-YR T-BONDS: A new green X column was created by a large-range up reversal. The day ranged from a low of 171-24.0 to a high box of 181-08.0 and a close at 179-21.0, up 3-22.0. The weekly trend is still up, with a high Relative Trend Strength of 11. A new LONG trade was signaled today at 180-00.0, with a stop and reverse at 171-22.0.



10-YR T-NOTES: The green column added 94 p&f boxes on an opening gap to 138-13. Activity filled boxes from a low of 136-47 to 138-13, with a close of 138-13, up 1-30. The weekly trend stays unchanged and up, with a plus current market trend reading at 5. The T note position remains LONG, with a stop and reverse at 129-44 on Tuesday.



GOLD: Prices reversed course up on a high-range day, starting a new green column. The range filled p&f boxes from 1461.0 to a 1574.8 high, closing the session at 1572.7, up 84.6. The weekly trend is down, with a down current market trend reading at -3. The Gold position remains SHORT, with a stop and reverse at 1596.5 on Tuesday.



SILVER: A 3-box reversal up led to a new green bar. The day ranged from a low of 12.009 to a high box of 13.329 and a close at 13.261, up 0.876. The weekly trend remains down, with a weak Relative Trend Strength at -27. The Silver position remains SHORT, with a stop and reverse at 13.956 on Tuesday.



COPPER: The market produced a high-range reversal up creating a new green bar. (The reversal takes precedence over the lower close.) The daily price range between 209.35 and 214.65, with a close of 210.05, down 7.10. The weekly trend stays unchanged and down, with a weak Relative Trend Strength of -10. The Copper position remains SHORT, with a stop and reverse at 255.25 on Tuesday. (This stop creates a per contract risk of \$11300.)



COFFEE: The day's p&f boxes ranged between 120.05 and 124.90 at the high, with a daily close of 121.25, up 1.55, extending the current X column 97. The weekly trend stays unchanged and flat, with a high current Relative Trend Strength of 12. A new LONG trade was signaled today at 121.45, with a stop and reverse at 102.55.



COCOA: Prices made a p&f 3-box reversal down, creating a new red bar. (3-box reversal has priority over a higher close.) Daily movement ranged from a high box of 2270 to 2198, with a daily close of 2257, up 27. The weekly trend stays unchanged and down, with a weak current trend rating at -23. The Cocoa position remains SHORT, with a stop and reverse at 2695 on Tuesday.



SUGAR #11: A 3-box reversal up led to a new green bar. The day ranged from a low of 10.83 to a high box of 11.15 and a close at 11.04, up 0.13. The weekly trend stays down, with a weak Relative Trend Strength at -29. The Sugar position remains SHORT, with a stop and reverse at 14.26 on Tuesday.



ORANGE JUICE: The range filled p&f boxes from 99.70 to a 111.00 high, closing the session at 110.25, up 4.70, extending the current up column by 49. The weekly trend continues up, with a neutral current trend rating at 0. OJ is LONG from Friday's entry with a stop and reverse at 95.90.



COTTON: Prices reversed to down with a gap open, making a new red column. The daily range was from 56.32 to a low box of 50.68, ending at 52.15, down 1.53. The weekly trend remains unchanged and down, with a low Relative Trend Strength of -19. The Cotton position remains SHORT, with a stop and reverse at 65.12 on Tuesday.



RICE: Prices reversed direction (down) and triggered a new red bar. The day ranged between box 14.010 and 13.155 at the low, closing the session at 13.235, down 0.050. The weekly trend turned down today. The Rice position remains LONG, with a stop and reverse at 13.075 on Tuesday.



CORN: Prices placed a 3-box reversal down, triggering a new red bar. Today's range was between 355 and a low of 338 with a daily close at 343, unchanged. The weekly trend stays down, with a weak Relative Trend Strength at -10. The Corn position remains SHORT, with a stop and reverse at 389 on Tuesday.



OATS: Prices reversed direction (up) and triggered a new green bar. The day ranged from a low of 261 to a high box of 269 and a close at 268, up 6. The weekly trend is an unchanged down, with a weak market Relative Trend Strength of -15. The Oats position remains SHORT, with a stop and reverse at 290 on Tuesday.



WHEAT: A new green X column began on a high-range up day. Today ranged between 534 and a high of 563, closing at 562, up 23. The weekly trend remains down, with a weak Relative Trend Strength of -7. A new LONG trade was signaled today at 553, with a stop and reverse at 532.



SOYBEANS: A new green X column began on a high-range up day. Today ranged between 846 and a high of 885, closing at 884, up 22. The weekly trend is down, with a down trend rating at -4. The Soybeans position remains SHORT, with a stop and reverse at 898 on Tuesday.



SOYBEAN OIL: Prices placed a 3-box reversal down, triggering a new red bar. (The 3-box reversal takes precedence over a higher close.) The day's range included boxes between 26.24 and 25.26 at the low, closing the day at 26.14, up 0.50. The weekly trend stays unchanged and down, with a weak market Relative Trend Strength of -17. The Bean oil position remains SHORT, with a stop and reverse at 29.92 on Tuesday.



SOYBEAN MEAL: A new red O column was triggered by a high-range reversal down. (A reversal is always considered before the higher close.) Today's range was between 326.5 and a low of 324.0 with a daily close at 333.6, up 8.4. The weekly trend is an unchanged up, with an up trend rating of 6. The Meal position remains LONG, with a stop and reverse at 295.8 on Tuesday.



LIVE CATTLE: A price reversal up, began a new green column of X's. Price movement included boxes from 88.17 low to 92.52 high, and ended at 92.52, up 3.00. The weekly trend is an unchanged down, with a weak market Relative Trend Strength at -22. The Cattle position remains SHORT, with a stop and reverse at 107.76 on Tuesday.



LEAN HOGS: Prices reversed upward, triggering a new green column of X's. Today ranged between 67.70 and a high of 70.94, closing at 70.95, up 3.00. The weekly trend remains unchanged and down, with a very weak market Relative Trend Strength at -8. The Hogs position remains SHORT, with a stop and reverse at 79.98 on Tuesday.



NATURAL GAS: Prices reversed course, beginning a new up green column of X's. (This method gives priority to a reversal over a lower close.) The day's p&f boxes ranged between 1.647 and 1.702 at the high, with a daily close of 1.673, down 0.002. The weekly trend remains down, with a weak Relative Trend Strength at -5. The Natural gas position remains SHORT, with a stop and reverse at 2.029 on Tuesday.



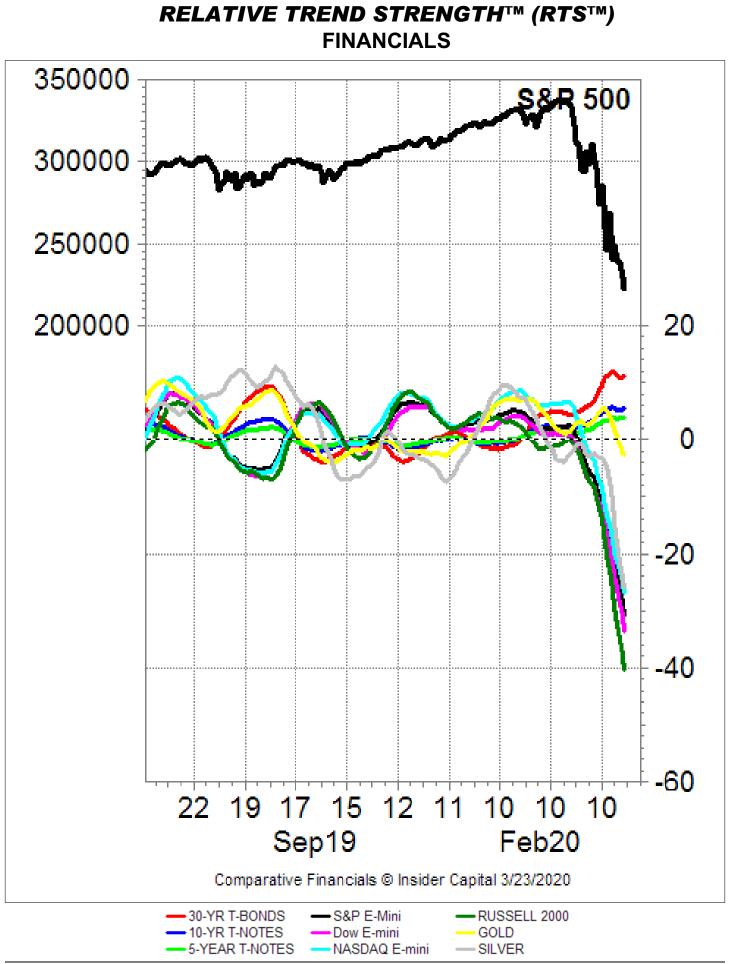
CRUDE OIL: Prices reversed direction (down) starting a new red column. (This method gives priority to a reversal over a higher close.) Today's range was between 28.48 and a low of 20.80 with a daily close at 23.36, up 0.73. The weekly trend stays down, with a weak Relative Trend Strength at -51. The Crude position remains SHORT, with a stop and reverse at 31.98 on Tuesday.

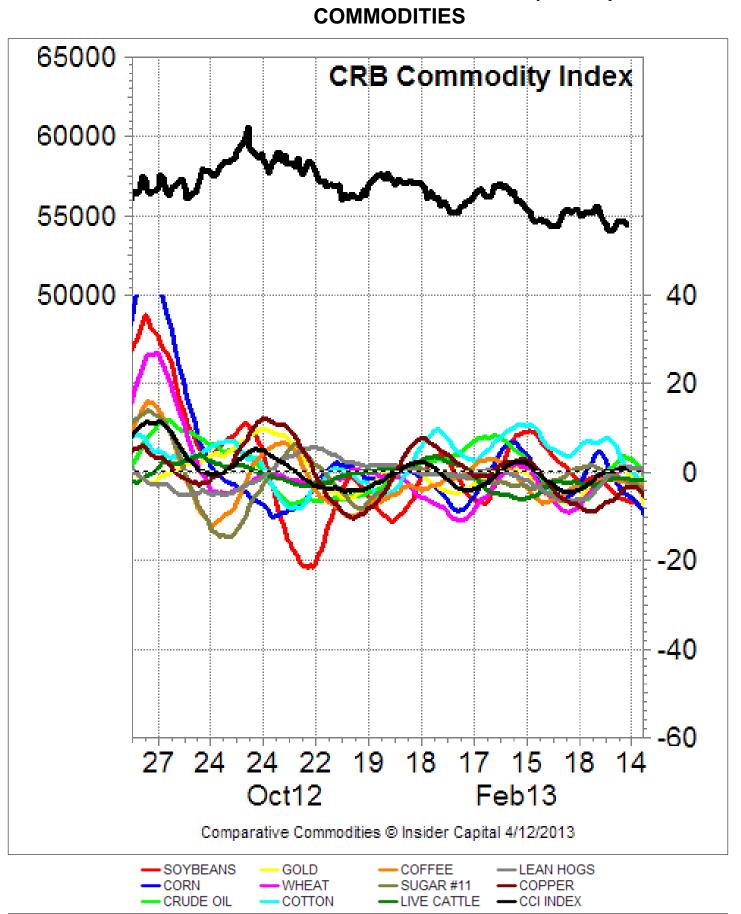


HEATING OIL #2: Prices reversed downward, triggering a new red column of O's. (A 3-box reversal is considered before a higher close.) Daily movement ranged from a high box of 1.1181 to 0.9636, with a daily close of 1.0244, up 0.0105. The weekly trend stays down, with a weak market Relative Trend Strength at -37. The Heating oil position remains SHORT, with a stop and reverse at 1.2186 on Tuesday.



RBOB GASOLINE: A new red O column was created by a large-range down reversal. Today's range was between 0.7560 and a low of 0.4640 with a daily close at 0.4947, down 0.1334. The weekly trend is an unchanged down, with a low trend rating at -60. The Gasoline position remains SHORT, with a stop and reverse at 0.7827 on Tuesday. (This stop creates a per contract risk of \$12096.)





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